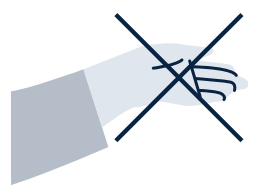
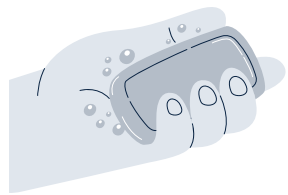


# Keep Our Workplace Safe!

## Practice good hygiene



Stop hand shakes and use **non-contact greeting methods**.



Clean hands at the door and schedule **regular hand washing** reminders.



**Disinfect surfaces** like doorknobs, tables, and desks regularly.



**Avoid touching your face** and cover your coughs and sneezes.



**Increase ventilation** by opening windows or adjusting air conditioning.

## Limit meetings and non-essential travels

Use **video conferencing** instead of face-to-face meetings.

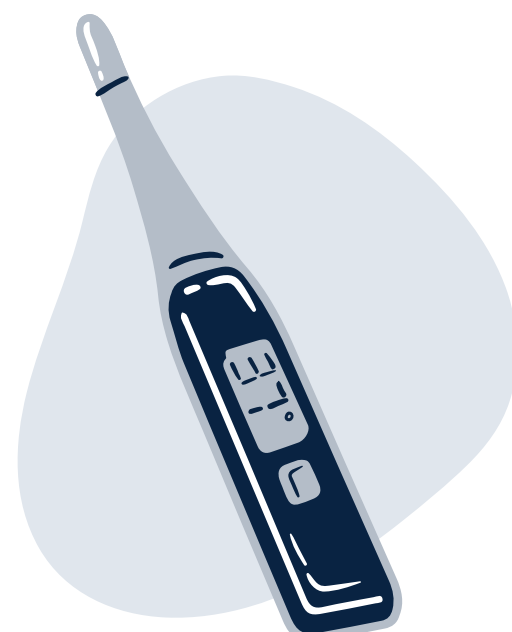
When video calls are not possible, hold your meetings in **well-ventilated rooms and spaces** and wear **face coverings**.

**Suspend all non-essential travels** and trips.



## Stay home if...

- You are **feeling sick**
- You have a **sick family member** at home
- You've **tested positive** for an illness.



## Take care of your emotional and mental well-being

Outbreaks are a stressful and anxious time for everyone. We're here to support you! Reach out to us at any time.